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## 'THIS IS ABOUT HUMANITY'

THE GOOD LIE TELLS TRUE STORY OF FORMER CHILD SOLDIERS WHO ESCAPED, SETTLED IN THE U.S. PAGE 13

## Magnotta murder trial begins

Crown could call up to 60 witnesses in case of gruesome slaying that made headlines PAGE 6

## Map your money moves

Financial planning has to start with a destination, says money maven Gail Vaz-Oxlade PAGE 17

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# Migrant's death under scrutiny

**Jimenez.** Coroner's inquest set to begin after Mexican detainee's 2013 hanging in custody

**Protesters bring a box full of 7,500 signatures, all calling for an inquiry into the death of Mexican woman Lucia Vega Jimenez, to the Canada Border Services Agency's Vancouver office on Feb. 5.** MATT KIELTYKA/METRO FILE

A coroner's inquest starting Monday, into the death of a Mexican national who hanged herself inside a Vancouver airport holding cell, offers a rare chance to examine the secretive deportation process encountered by many migrants, says an advocacy group with ties to Lucia Vega Jimenez's family.

The group Mexicans Living in Vancouver was formed after the 42-year-old woman attempted suicide in late December, following several weeks in jail and Canadian Border Services Agency custody awaiting her removal. She died several days later.

"This inquest will be an X-ray. For the amount of time they will be spending and the amount of witnesses they probably will call, it's going to be really detailed and a real opportunity to see how things really work," said Rocco Trigueros, the group's director.

"My hope is that recommendations are brought up and things change and we definitely can help these people who came here to work, and contribute in some way, to send them home in a less traumatic way."

The inquest is aimed at shedding light into circumstances so far kept largely shrouded by authorities. The case was not revealed until about a month after Jimenez died, when media heard reports of the incident from members of the Mexican community in Vancouver.

The B.C. Coroners Service called the inquest in late February, with the explanation that an extra responsibility for care is required because the incident leading to the woman's death occurred while she was in custody. A jury cannot make findings of fault and instead is tasked with making recommendations to prevent similar deaths.

Jimenez was working as a chambermaid for a Vancouver hotel. She was arrested over an unpaid transit ticket and her lack of status in the country was discovered.

Mexicans Living in Vancouver quickly raised funds to bring Jimenez's sister to Canada from Mexico after the woman tried to kill herself. The sister was at Jimenez's bedside when they disconnected her from life support.

Trigueros has met several individuals who personally knew the woman. They described her as a hard-working person who would send money back home to her family, including her ill mother, he said. She attended community events, including an anti-racism march, and was also planning to get married. She did not show signs of depression, he said.

The coroner says Jimenez was found in a shower stall at the immigration holding centre at Vancouver International Airport on the morning of Dec. 20, 2013. She died in hospital on Dec. 28. THE CANADIAN PRESS

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## FIVE THINGS YOU NEED TO KNOW TODAY

**1**
### SEARCH & RESCUE
Around 120 search-and-rescue volunteers from 23 agencies in Southern B.C. performed a massive exercise Sunday in the Lower Mainland. The event was organized and hosted by Coquitlam Search and Rescue.

**2**
### HERITAGE REVIEW
Heritage Vancouver hosts its annual heritage review tonight with a conversation with Brian Jackson, general manager of planning with the city. The event takes place at city hall at 7 p.m. Admission is $10.

**3**
### GOING BACK TO TARA
Rhett Butler may not give a damn, but Gone With the Wind fans were happy to see the movie return to theatres this weekend for its 75th anniversary.

**4**
### INDIGENOUS WOMEN, GIRLS
Alex Neve, head of Amnesty International Canada, is expected to join First Nations groups in Ottawa to discuss violence against Indigenous women and girls.

**5**
### LEAVE IT TO BIEBER
Justin Bieber — or at least his lawyer — is expected in court today on the pop star's charge of dangerous driving and assault relating to a collision on Aug. 29.

# Longboarding safety concerns lead to Vancouver youth clinic

**'Just cruising.'** The Vancouver park board hosts clinic for kids 11 to 16, to teach them about safe participation in longboarding

STEFANIA SECCIA
vancouver@metronews.ca

A group of youngsters were doing a different type of carving in Queen Elizabeth Park on Sunday.

In an effort to promote safety, the Vancouver park board hosted a longboarding clinic for kids aged 11 to 16 to learn the basics about carving, braking and sliding.

The controversial pastime has come under fire for being dangerous as it has risen in popularity. In late May, 11-year-old Dustin Mackenzie of Abbotsford died from a head injury sustained while longboarding without a helmet.

West Vancouver police have had their own run-ins with longboarders, including a video that went viral last spring showing a group of boarders barrelling down a hill and narrowly avoiding a crash with an unmarked police SUV.

But safety was the priority at Sunday's clinic, which saw 12 youth and two instructors from Longboarding Labs on a marked-off street in the park.

Clinic participant Catherine Lussier, 10, said when she's on her longboard, she feels like she's in Hawaii.

"It's like you're just cruising," she said.

Catherine's father, who was watching on the sidelines, said he registered his daughter in the free clinic because he wanted her to learn safe practices.

"If you give (boarders) the opportunity to learn, it makes them less of a menace on the street," said Martin Lussier.

Parks board commissioner Sarah Blyth said while Vancouver has about eight skateboarding parks, there are no actual spots dedicated for longboarding in the city.

"Kids are getting fit doing what they love," Blyth said. "It's about getting in to face the matter and embracing it as opposed to just saying 'no.'"

The park board is considering adding longboarding to its programming next year.

Kavya Kumar, 9, and instructor Cullen Arbuckle go down the hill at the Vancouver park board's longboarding clinic on Sunday afternoon in Queen Elizabeth Park. STEFANIA SECCIA/FOR METRO

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## 60,000. Province orders extra doses of flu vaccine

The province has ordered an additional 60,000 doses of flu vaccine in anticipation of the upcoming flu season.

Last year, the Ministry of Health ordered 1.41 million doses and had a hard time keeping up with the overwhelming demand.

"We essentially used all the vaccine we received last year, which is what we want," said Stephen May, ministry spokesman. "There was a high demand during peak flu times, but we were able to provide supplies where needed."

This year's order of 1.47 million doses is expected to arrive in late October or early November, May added.

Seniors and young children are the most susceptible to the flu. Symptoms include fever, headache, muscle pain, runny nose, sore throat and coughing, according to Fraser Health.

Flu prevention methods include washing your hands frequently, covering your mouth when you cough, or staying home and limiting the exposure to others.

STEFANIA SECCIA/FOR METRO

**Tent city**

### City seeks injunction

The City of Vancouver will be at B.C. Supreme Court on Monday as it seeks an injunction to dismantle the homeless camp at Oppenheimer Park.

Mayor Gregor Robertson announced the city had filed an application in court Thursday, citing public safety, deteriorating weather, a lack of leadership within the camp and new housing options as justification for trying to close the tent city down.

However, Pivot Legal Society has warned the lack of adequate shelter alternatives could place dozens of homeless people at risk should the injunction be granted.

METRO

**Unconstitutional?**

### Abbotsford bylaw ruling looms

The B.C. Supreme Court is expected to rule Monday whether the City of Abbotsford's bylaws, which some allege prevent homeless access to safe shelter, are unconstitutional.

The B.C./Yukon Association of Drug War Survivors and Pivot Legal Society launched a lawsuit against the city's bylaws in July after a number of high-profile attempts by the city to remove homeless people from its parks.

Pivot says the bylaws prevent people from being in parks overnight or erecting basic survival structures when there is insufficient shelter space in Abbotsford, thus endangering the homeless.

METRO

### Paddling through thick and thin

Kayakers are silhouetted by the sun as they paddle though thick fog in Deep Cove in North Vancouver on Sunday.

JONATHAN HAYWARD/THE CANADIAN PRESS

# B.C. law society to hold referendum on TWU

**Vote.** Province's lawyers to decide whether to recognize controversial law school

Lawyers in British Columbia will vote on whether or not to accredit faith-based Trinity Western University's proposed law school.

The Law Society of B.C.'s board of governors, known as Benchers, made the decision to hold a binding referendum for all its members on Friday.

More than 11,000 practising lawyers in the province could potentially vote on the school's fate, though just one-third of that is enough to make the referendum official.

A two-thirds vote is required to implement a resolution passed in June (with a 77 per cent vote during a special general meeting) declaring that the proposed law school is not an approved faculty of law.

"Benchers decided that in a matter as important as this, it was important to provide all lawyers with the opportunity to express their views through a referendum," said society president Jan Lindsay in a statement.

TWU's School of Law would be the first private, faith-based law school in Canada, but it has been met by strong opposition from gay and lesbian rights groups over a "community covenant" that all students are required to sign. The covenant mandates, among other Christian values, that students refrain from sex except in the context of a heterosexual marriage.

The proposed law school, slated to open in 2016, has received approval from both the Federation of Law Societies of Canada the province of British Columbia to operate.

The Law Society of B.C.'s Benchers initially voted 20 to 7 to accredit and recognize graduates of the school, but that decision was overturned in a non-binding vote at the June special general meeting.

Law societies in New Brunswick, Alberta and Saskatchewan have already voted to accredit the school, while those in Ontario and Nova Scotia have voted against recognizing it.

MATT KIELTYKA/METRO

# B.C.'s AIDS crusader gratified after his vindication at UN

**90-90-90 plan to end epidemic.** Montaner disappointed in Harper for not presenting plan

NEAL HALL
vancouver@metronews.ca

Vancouver doctor and world-renowned AIDS researcher Dr. Julio Montaner sat in the United Nations General Assembly in New York on Thursday as the UN endorsed an ambitious plan to end the global AIDS epidemic by 2030.

Montaner, director of the B.C. Centre for Excellence in HIV/AIDS, was the chief architect of the so-called 90-90-90 strategy, which was presented to the UN.

"We are making an AIDS-free generation a closer reality all around the world," U.S. Secretary of State John Kerry told the UNAIDS meeting. "We need to end the era of AIDS, period … We know what to do; we just have to do it."

After his return to Vancouver, Montaner said Friday that the new UN strategy was based on the made-in-B.C. model of treatment as prevention pioneered by him and his team.

"This is an idea that emerged in B.C. more than a decade ago," he explained. "It can be reproduced in countries that are very poor."

Montaner's only disappointment was that Prime Minister Stephen Harper didn't present the new strategy to the UN.

"This is a squandered opportunity," he said, adding that the prime minister's office seems to have an aversion to the people who are at high risk of contracting AIDS: gay men, prostitutes and intravenous drug users.

"What I've heard is that the predominant view in the PMO is that Montaner is an enabler of behaviours that are unhealthy," said Montaner, a special advisor on AIDS to the UN.

In order to end the AIDS epidemic by 2030, the plan calls for 90 per cent of all people living with HIV to be diagnosed by 2020, receive antiretroviral therapy and to be virally suppressed.

The key, Montaner pointed out, is "front-loading" drug therapy to stop the global transmission of the HIV virus, including to newborn babies.

The report presented to the UN says someone who acquired HIV in the pre-treatment era could expect to live another 12.5 years, but a young person in industrialized countries can expect to live an additional five decades with the use of lifelong, uninterrupted treatment.

Dr. Julio Montaner, director of the B.C. Centre for Excellence in HIV/AIDS, wants the federal and provincial governments to work together to virtually eliminate HIV/AIDS. COURTESY FERNANDO PRADO/B.C. CENTRE FOR EXCELLENCE IN HIV/AIDS

# Civic building will be first to have aboriginal name

An artist's rendering of a new library branch that will bear an aboriginal name. CONTRIBUTED

The Vancouver Public Library (VPL) announced Friday that its newest branch will be the city's first major civic building with an aboriginal name.

The new library at 730 East Hastings St., in the Strathcona area of Vancouver's Downtown Eastside, is expected to open in early 2016. The building's aboriginal name translates to "we are one" from the Musqueam language.

"This is a major milestone for the library, the community and all of Vancouver," VPL board chair Mary Lynn Baum said. "It's an ideal name for a facility that will be a major community gathering space, bringing together and celebrating a diverse, vibrant community.

"This name recognizes and honours the Coast Salish peoples and their traditional unceded territories, while also reflecting the neighbourhood's historic city name, Strathcona," she says, noting that both concepts arose through a local community consultation process.

The new library branch is a joint project with the YWCA Metro Vancouver and the City of Vancouver, offering both a public library and affordable housing for women.

"The name … builds on Vancouver's ongoing work with local First Nations to become a City of Reconciliation," Mayor Gregor Robertson said in a statement. Robertson said the branch, and its accompanying new affordable housing for single mothers and their kids, will be an important gathering space and a hub for key community services.

NEAL HALL/FOR METRO

**The new branch's name**

Due to our printer's inability to recognize the Musqueam characters in the branch's name, Metro has opted to leave it out of the story, rather than substituting other characters that would be inaccurate or perhaps not reproduce faithfully. Please visit www.metronews.ca/news/vancouver to read the library branch's full name and how to pronounce it.

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# Magnotta murder trial begins

**Notorious.** 32-year-old has pleaded not guilty in the gruesome slaying of 33-year-old student Jun Lin in 2012

The trial in one of Canada's most publicized and shocking criminal cases is set to begin Monday with evidence being heard in the proceedings against alleged murderer Luka Rocco Magnotta.

Magnotta, 32, has pleaded not guilty to five charges in connection with the slaying and dismemberment of Chinese engineering student Jun Lin in May 2012.

The charges are: First-degree murder; committing an indignity to a body; publishing obscene material; criminally harassing Prime Minister Stephen Harper and other members of Parliament; and mailing obscene and indecent material.

Trial judge Guy Cournoyer questioned potential jurors earlier this month about whether they could stomach evidence that could be considered gruesome, graphic and possibly upsetting.

Fourteen bilingual jurors will hear the case. They will receive instructions from Cournoyer before prosecutor Louis Bouthillier begins presenting the Crown's arguments.

The investigation was launched after the discovery of a human torso stuffed in trash behind a Montreal apartment building in May 2012. Body parts then began surfacing in different regions of Canada — first at a federal political office in Ottawa and, later, at two British Columbia schools.

Luka Rocco Magnotta is taken by police from a Canadian military plane to a waiting van in 2012 in Mirabel, Que. Magnotta has pleaded not guilty to first-degree murder and other charges in the dismemberment and slaying of Jun Lin in May 2012. Magnotta's trial is set to begin on Monday. THE CANADIAN PRESS

A video that purportedly depicted a slaying was posted online around the same time and was linked by Montreal police to the discovery of the body parts.

Bouthillier has said up to 60 Crown witnesses could be heard at the trial, which is expected to last between six and eight weeks. Some Europeans could be called to testify.

The trial is likely to lure plenty of curious onlookers. During the preliminary hearing, the case attracted criminology students, legal junkies and even a handful of people who appeared to support Magnotta.

Diran Lin has attended several days of proceedings and has said he hopes to see justice for his son.

Jun Lin, 33, had been living in Canada only since 2011, realizing a long-standing dream by coming to Montreal. His family said in April 2013 that Lin had a comfortable life working in IT at Microsoft's Beijing office, but had sought a move to Canada to study and to improve his life. THE CANADIAN PRESS

# Ford: 'Bigger and badder' cancer no match for me

Toronto Mayor Rob Ford is embraced by his brother Doug, daughter Stephanie and son Doug at Ford Fest in Toronto on Saturday. CHRIS YOUNG/THE CANADIAN PRESS

A defiant Toronto Mayor Rob Ford returned to the public spotlight Saturday, talking tough about his cancer by saying he'd take it "out the back" and get rid of it like he did his substance abuse problems.

Ford mounted a stage at his family's annual barbecue party and told a crowd of hundreds that he was going to triumph over his latest struggle just as he tackled substance abuse during a stint in rehab that ended three months back.

"I had a guy I was looking in the mirror every morning and saying, 'You know what? I can't beat this guy.' Wherever I went, that guy was there, and he was beating me every time. So you know what? I took that guy out the back, and I took care of him," Ford said, his voice sounding hoarse at times.

"A couple weeks ago, the doctor came up to me … He says, 'We got someone bigger and badder than that,' and I said, 'Who's that guy?' And he said, 'Cancer,'" Ford said.

"I said, 'You know what? Go tell cancer that I'm going to put him where I put that guy in the mirror three months ago.'"

Saturday's party came exactly one month before the election, and though the crowd's spirits were high, the ailing mayor's health loomed large.

Supporter Leo Robinson said that even if Ford was battling cancer, he shouldn't quit politics but rather keep at it and stand up for the little guys.

"He's for the people. And once you're for the people, at the end of the day, whether you're here or not, you're still going to be fighting for the people," Robinson said.

Ford gave heartfelt thanks to his supporters, known in Toronto as "Ford Nation."

"Every single person has had personal problems in life," he said. "You find out who your real friends are and Ford Nation has never wavered one iota." THE CANADIAN PRESS

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**Endangered whales**

## Catastrophe ahead for St. Lawrence belugas: Expert

A researcher monitoring belugas in the St. Lawrence estuary is warning of a looming catastrophe after another difficult calving season for the endangered whale.

The belugas have been in a slow population decline for the past decade, according to Robert Michaud, the scientific director of Quebec's Marine Mammals Research and Education Group. His team has found the carcasses of at least five baby belugas so far during the calving period.

"It's a catastrophic trajectory we're observing," he said. THE CANADIAN PRESS

**Ottawa**

## Memorial honours five officers killed in line of duty

A two-gun salute thundered over Parliament Hill Sunday as three Mounties killed in a shooting rampage in New Brunswick were remembered, along with a Toronto police constable and a Saskatchewan conservation officer who also died in the line of duty last year.

Hundreds of police and peace officers from across Canada marched onto the hill to honour the officers.

"They stood for us against those who would do harm to our country, our communities and our families," Public Safety Minister Steven Blaney said at the memorial. THE CANADIAN PRESS

**Montreal**

## Five injured after propane-tank explosion

A propane tank explosion in a Montreal apartment building has left five people injured, two critically.

Paramedics say the two severely injured people had burns on roughly 80 per cent of their bodies but no impact wounds, which are typical in explosions. A firefighter also suffered minor injuries.

Spokeswoman Lynn Duncan says the investigation has been transferred over to the force's arson squad to determine the cause of the explosion. THE CANADIAN PRESS

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# China cracks down on iPhone 6 smuggling

China in recent days has busted a slew of smugglers bringing Apple iPhone 6 models into the country ahead of its official release there, with officials on Sunday reporting the latest seizure of 453 smartphones in Shanghai.

Hundreds more were seized during three separate busts Thursday through Saturday in Hong Kong, including from men with a speedboat who were loading contraband onto a wooden sampan-style boat in a mangrove, the official Xinhua News Agency said.

The latest seizure was from the luggage of two passengers arriving at the Shanghai airport from Tokyo, one of them Chinese and one of them Japanese, a woman at the Shanghai customs agency said, confirming state media reports.

She said hundreds more have been confiscated individually from passengers who did not declare them.

Apple delayed its original plans to introduce the iPhone 6 in China this month, but didn't comment on reports it hadn't received Chinese regulatory approval.

The already-thriving black market for the phones in China, where Apple competes with less-expensive alternatives from local powerhouse Xiaomi, plus Lenovo and Samsung, has drawn a rebuke in Chinese state media.

The Global Times said in an editorial Friday that the frenzy over iPhone 6 — including a scuffle among Chinese nationals queuing up at an Apple store in the U.S. — was making China "lose face."

It said iPhones apparently were hip, but that buyers shouldn't buy into their marketing hype.

"Please show that you despise those who already have the iPhone 6," the editorial read.

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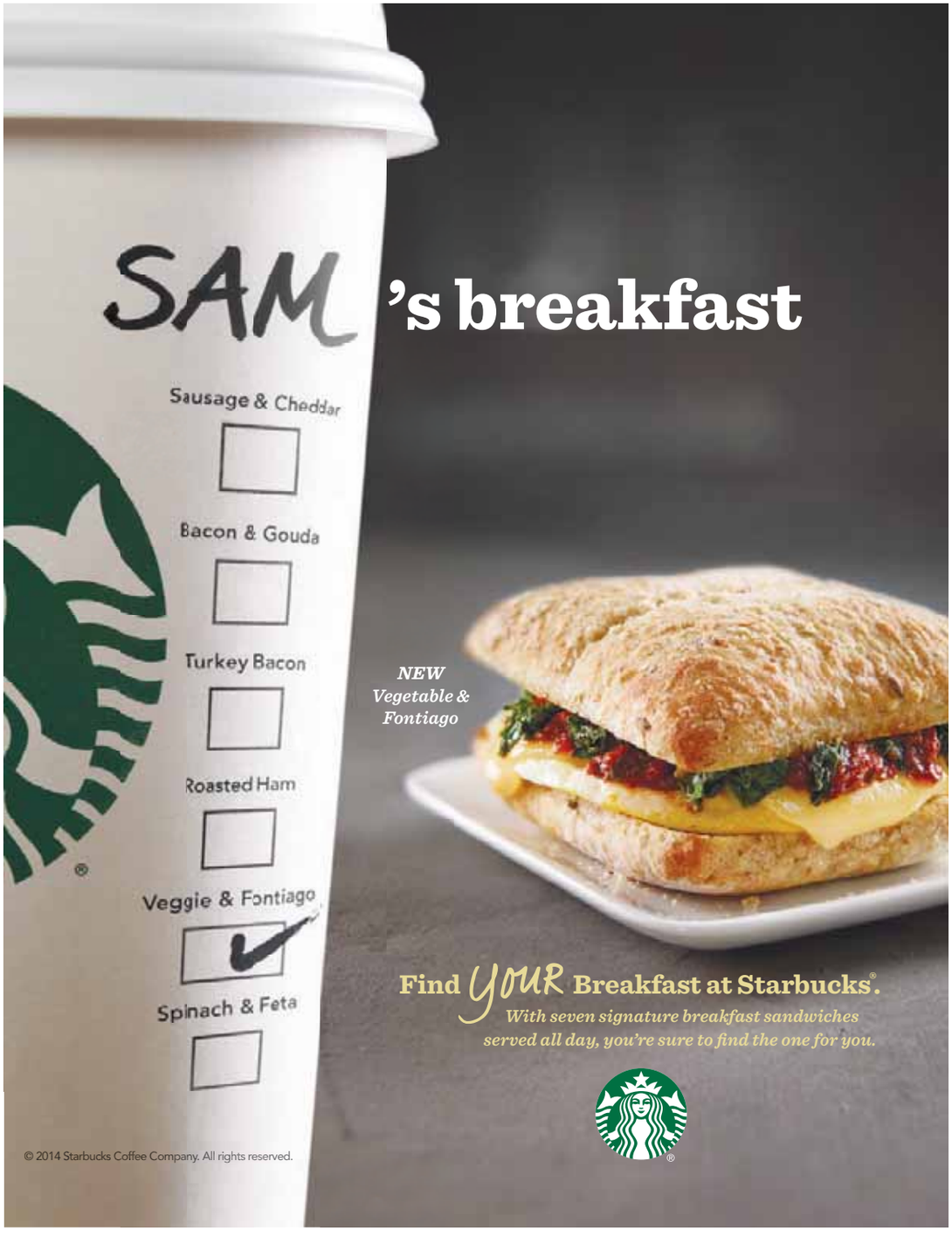
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Firefighters advance to rescue climbers near the peak of Mount Ontake in spewing large white plumes of gas and ash high into the sky and blanketing people unconscious and believed to be dead near the peak of the volcano, a

# Volcano kills more

**Mount Ontake.** Popular climbing destination is about 210 kilometres west of Tokyo

Finally reaching the ash-covered summit of a still-erupting volcano in central Japan, rescue workers made a grim discovery Sunday: 31 apparently dead people, some reportedly buried in knee-deep ash.

Four victims were brought down and confirmed dead, one day after Mount Ontake's big initial eruption, said Takehiko Furukoshi, a Nagano prefecture crisis-management official.

The 27 others were listed as having heart and lung failure, the customary way for Japanese authorities to describe a body until police doctors can examine it.

Officials provided no details on how they may have died.

It was the first fatal eruption in modern times at 3,067-metre Mount Ontake, a popular climbing destination about 210 kilometres west of Tokyo on the main Japanese island of Honshu. A similar eruption occurred in 1979, but no one died.

Rescue helicopters hovered over ash-covered mountain lodges and vast landscapes that looked a ghostly grey, like the surface of the moon, devoid of nearly all colour but the bright orange of rescue workers' jumpsuits.

Japanese media reported that some of the bodies were found in a lodge near the summit and that others were buried in ash up to 50 centimetres deep. Police said only two of the four confirmed dead had been identified. Both were men, ages 23 and 45.

Mount Ontake erupted shortly before noon at per-

central Japan on Sunday. Mount Ontake erupted shortly before noon Saturday, the surrounding area in ash. Rescue workers on Sunday found more than 30 Japanese police official said. KYODO NEWS/THE ASSOCIATED PRESS

# in Japan than 30

haps the worst possible time, with at least 250 people taking advantage of a beautiful fall Saturday to go for a hike. The blast spewed large white plumes of gas and ash high into the sky, blotted out the midday sun and blanketed the surrounding area in ash.

Hundreds were initially trapped on the slopes, though most made their way down by Saturday night.

About 40 people who were stranded overnight came down on Sunday. Many were injured, and some had to be rescued by helicopters or carried down on stretchers. By nightfall, all the injured had been brought down, officials said.

Japan's Fire and Disaster Management Agency tallied 37 injured people and said it was trying to update the number still missing.

Furukoshi said rescuers gave priority to helping the survivors come down, leaving behind those who were obviously without hope.

Survivors told Japanese media that they were pelted by rocks. One woman said she covered her head with a knapsack, and later found a thermos inside had been flattened.

A man said he and others went into the basement of a lodge, fearing that the rocks would penetrate the roof. He covered himself with a futon, a thin Japanese mattress, for protection.

"Even small eruptions can cause major damage if people are around, as they get hit by rocks that come flying," Nagoya University volcanologist Koshun Yamaoka said at a news conference Sunday. "And the problem is that catching signs of such small eruptions is difficult."

Volcanoes can also kill by spewing toxic gases and lung-choking ash.

THE ASSOCIATED PRESS

Netherlands

## Monster truck crashes into crowd, kills 3

A monster truck outfitted with tractor-sized wheels crashed into a crowd during a show in the Netherlands near the German border on Sunday, reportedly killing three people and injuring at least a dozen.

Video footage of the incident shows the truck veering off course after driving over the top of a row of cars, then knocking down a guardrail and driving into a group of onlookers.

The mayor of the eastern city of Haaksbergen, Hans Gerritsen, said at a news conference that one child and two adults were killed in the incident, and 15 others were injured, according to Dutch national broadcaster NOS.

THE ASSOCIATED PRESS

Halifax

## Police search property where deck collapsed

Police say they have searched a Halifax property where a third-storey deck collapsed, leaving five people seriously injured.

Officers say they executed a search warrant at the home on Brussels Street in the city's south end on Saturday.

They say the owner of the home has also been interviewed.

Police say several people in their early 20s were on the wooden third-storey deck early Saturday morning when it suddenly collapsed onto a second-storey deck.

They say five people were taken from the scene by ambulance with serious injuries and one went to hospital a few hours later.

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# Pro-democracy protests in Hong Kong escalate into standoff with local police

**26 taken to hospital.**
'This is a long fight,' says a student protesting for democratic reforms

Pro-democracy demonstrators defied onslaughts of tear gas late Sunday and appeals from Hong Kong's top leader to go home, as the protests over Beijing's decision to limit political reforms expanded across the city by Monday morning.

Hong Kong's Chief Executive Leung Chun-ying reassured the public that rumours the Chinese army might intervene were untrue. "I hope the public will keep calm. Don't be misled by the rumours. Police will strive to maintain social order, including ensuring smooth traffic and ensuring the public safety," said Leung.

Protesters spent the night on the pavement, some flat on their backs asleep, others milling around as they watched for police. The sit-ins spread from the financial district, near the government headquarters, to other areas of Hong Kong in the strongest challenge yet to Beijing's decision to limit democratic reforms for the semi-autonomous city.

A student protester is overcome by pepper spray from riot police as thousands of protesters surround the government headquarters in Hong Kong on Sunday.
WALLY SANTANA/THE ASSOCIATED PRESS

The scenes of billowing tear gas and riot police outfitted with long-barrelled weapons — rare for this affluent Asian financial hub — are highlighting the authorities' inability to assuage public discontent over Beijing's rejection last month of open nominations for candidates under proposed guidelines for the first-ever elections for Hong Kong's leader, promised for 2017.

Authorities announced some traffic controls and said some schools in areas near the main protest site would be closed, as Leung urged people to go home, obey the law and avoid causing trouble. After spending hours holding protesters at bay, police lobbed canisters of tear gas into the crowd on Sunday evening. The searing fumes sent demonstrators fleeing, though many came right back to continue their protest. The government said 26 people were taken to hospitals.

The protests began with sit-ins more than a week earlier by students urging Beijing to grant genuine democratic reforms.

"This is a long fight. I hope the blockade will continue tomorrow, so the whole thing will be meaningful," said Edward Yau, 19, a business and law student. "The government has to understand that we have the ability to undo it if they continue to treat us like we are terrorists."

University students began their class boycotts over a week ago and say they will continue them until officials meet their demands for reforming the local legislature and withdrawing the proposal to screen election candidates. THE ASSOCIATED PRESS

**Pro-democracy protests**

**When China took control of Hong Kong from the British in 1997, it agreed to a policy that allowed the city a high degree of control over its own affairs and kept in place liberties unseen on the mainland. It also promised the city's leader would eventually be chosen through "universal suffrage."**

- Beijing's insistence on using a committee to screen election candidates based on their patriotism to China has stoked fears that Hong Kong will never get genuine democracy.

**Yves Fortier**

## Spy watchdog's oil ties spark concerns

The British Columbia Civil Liberties Association is objecting to Canada's spy watchdog assigning Yves Fortier to investigate alleged spying on environmental activists, citing a conflict due to his former industry ties. The group's lawyer has asked that Fortier "recuse himself" since he once sat on the board of TransCanada. THE CANADIAN PRESS

**15 years**

## T.O. businessman sentenced in Cuba should be sent back, MP says

Toronto-area MP Peter Kent says a local businessman sentenced in Cuba to 15 years in prison should be sent back to Canada. Cy Tokmakjian, 74, was convicted Friday on corruption-related charges. Kent says the sentence is "outrageous," but not entirely unexpected. THE CANADIAN PRESS


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# Brand trials, triumphs and tribulations

HOW TO ROLL
Alison Griffiths
metronews.ca

September is often the best month for weather but the worst historically on the stock market. Not this year. Still, the thumbs had a lot to choose from in the September business and investing roundup.

**Thumbs down:**
Tim Hortons married Wendy's in 1995. That alliance was entirely one-sided with Tim's propping up a failing fast-food business. Now there's a second marriage to Burger King. But wait — the matchmaker behind the union is actually 3G Capital of Brazil, which owns the home of the Whopper.

The 3G merger machine loves buying winners then getting out the corporate scissors to cut, cut, cut to boost profits. 3G Capital, by the way, was responsible for the closure of the Heinz factory in Leamington, Ont.

The 3G knives have already been slashing at Burger King's operations, axing huge numbers of head-office jobs and dumping company-owned stores. Soon, that bit of fresh lettuce and tomato on your Tim's breakfast sandwich may be history.

**Thumbs down:**
Could American Apparel make things any worse for its brand image? Oh yes, it could.

The hip clothing retailer fired its foot-in-mouth founder, Dov Charney, in June over alleged sexual harassment. Then, just to prove that the company does not condone the objectification of women or girls, it launched a back-to-school campaign with Lolita.

Come again? There's nothing like a photo of a mini-skirted, supposed schoolgirl bending over showing her undies and bottom cheeks to demonstrate that the company is serious about treating us gals in a respectful way.

The ad was promptly banned in British publications.

**Thumbs up:**
The 40 thieves did not accompany Chinese e-commerce giant Alibaba to the big board when its initial public offering (IPO) debuted on Wall Street 10 days ago. Instead, a good deal of fairy dust was flung about as the IPO hit the record books as the all-time biggest, raising $25 billion.

Tech investors are still smarting over Facebook's sad-sack launch in 2012.

In contrast, Alibaba's lift-off has been a breath of fresh IPO air.

While there are still worries about how real the company's figures are, there's no question that Alibaba has actual revenues and profits. Whew!

**Compare and contrast**

**Is Canada selling or buying?**

- **$428 billion**: The value of Canadian companies sold to foreign interests from 2004 to 2013.
- **$575 billion**: The value of foreign companies purchased by Canadians.

**Detroit**

## Emergency manager closer to resolving bankruptcy

Kevyn Orr's success in shepherding Detroit through its historic bankruptcy will leave him unemployed, at least temporarily, when and if his task in the Motor City is completed.

The turnaround expert who helped Chrysler through its 2009 Chapter 11 restructuring says he has given no thought to what he will do once Detroit's bankruptcy trial ends.

"I will talk to no one about a potential job until I'm done here," Orr said minutes after signing an order Thursday relinquishing most of the power he's had for the past year and a half as the state-appointed emergency manager back to the mayor and city council. "I'll be truly unemployed — hopefully in a couple of weeks."
THE ASSOCIATED PRESS

**Shanghai**

## China lifts curbs on foreign investment

China announced Sunday the lifting of restrictions on foreign investment for several industries, from green tea to civil airplane engines, in a special free-trade zone in the business hub of Shanghai.

The new rules affect 27 industries and represent a mix of concessions over the rules that apply elsewhere on the mainland.

Some limits on investment by foreign companies in joint ventures with Chinese firms will go from 49 per cent to 51 per cent or greater, China's State Council said. THE ASSOCIATED PRESS

# Air France. Pilots' union ends 14-day strike action

Air France's leading pilots' union on Sunday announced an end to a 14-day strike that grounded roughly half of the airline's flights, stranded passengers worldwide and led to stern shows of frustration by the French prime minister.

After a late-night, 15-hour negotiating session with management, leaders of the SNPL pilot union walked away with no accord, but with the realization that the strike "is not an end in itself," said union spokesman Antoine Amar. The union was "taking up its responsibilities" and ending the walkout so that service can now resume and negotiations can continue peaceably, he said.

Air France, in a statement, said that service would start returning to normal on Tuesday — meaning that flights already cancelled between now and then won't be reinstated.

At the centre of the standoff are Air France's ambitions to develop a low-cost affiliate, Transavia. The pilots' union started the strike out of concern that management was looking for a way to outsource jobs to countries with lower taxes and labour costs.
THE ASSOCIATED PRESS

A pilot and Air France workers gather in front of the company headquarters as they demonstrate against the pilots' strike in Roissy, outside Paris, Wednesday. Slogans read, "No to this strike." CHRISTOPHE ENA/THE ASSOCIATED PRESS

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# RE: THE KIND OF SEX YOUR LAWYER VOWED TO HAVE

URBAN COMPASS

**Paul Sullivan**
vancouver@metronews.ca

Soon, all of B.C.'s lawyers will be asked a perplexing question by their governing body, the B.C. Law Society.

And it's all because Trinity Western University cares about what kind of sex its students are having.

Earlier this year, the society voted to accredit grads from a new law school the Langley-based Christian university plans to open in the fall of 2016.

This despite a covenant that all TWU students and staff must sign, promising not to have sex that "violates the sacredness of marriage between a man and woman."

Which rules out a lot of sex.

Many of the society's members weren't happy with the decision; nor were bar associations in Ontario, New Brunswick and Nova Scotia, which voted to refuse to admission to TWU students.

So, faced with a backlash, the society decided last week to have a referendum, punting a ticklish decision to its 11,000 members. Seeing as members have already voted more than three to one to reverse the first decision, you know where this is going.

The problem is that if you're gay and married, you can't go to Trinity Western and have sex. Or if you're anyone else not covered by the covenant, for that matter.

Seems to me the solution is easy. Apply to a school that doesn't care who you have sex with. I mean, why you would want to go to a school that cares who you have sex with? This is 2014, not 1420.

But there's a principle here. Many believe the covenant violates the Charter of Rights, even though the Supreme Court of Canada has already ruled once there is no evidence that TWU discriminates against gays (just anyone who falls outside the covenant). But when you're a lawyer, you love to haggle.

I suspect if we spent any time at all burrowing into the golden graveyard of hoary institutional covenants, we'd find all kinds of dictates, restrictions and hair-raising discriminations. Anyway, do you really care if your lawyer signed a covenant restricting his or her sexual practices? Strictly speaking, that "sacred" rule also applies to lawyers who are Catholic (for example), and no one's barring Catholics from practising law.

No, you probably care if your lawyer knows the law and can argue a good case on your behalf. And it doesn't matter if he or she has sex with him or her on even-numbered days of the week.

It might be different if TWU's covenant overtly discriminated against gay people. But it doesn't. It just says that the only people who get to have sex are men and women who are married to each other. If you want to go to that kind of law school, go for it.

But, once all the lawyers weigh in, I suspect you're not going to get the opportunity. While they're at it, maybe they can disbar people who think the world was created 10,000 years ago. In six days.

Let's be consistent here.

## Pride protected

A gay activist holds a rainbow flag as he stands in front of Serbian riot police during a pride march in Belgrade Sunday. Thousands of police officers were deployed in an effort to protect the march, which faced threats of attacks. MARKO DROBNJAKOVIC/THE ASSOCIATED PRESS

### Serbia holds first pride march in four years

Waving rainbow-coloured flags, several hundred gay activists proceeded undisturbed through downtown Belgrade on Sunday thanks to the protection of thousands of riot police.

Skirmishes were reported between small groups of extremists and police during and after the march, with soccer hooligans attacking liberal B-92 radio and TV station with flares and smoke bombs. Two policemen were injured, the station said. Also, the hooligans set one public bus on fire with flares, according to police.

Belgrade Mayor Sinisa Mali joined the march together with several foreign diplomats and party leaders.

Officials allowed Sunday's event despite fears of a repeat of the violence in 2010, when right-wing groups attacked a pride march in Belgrade, triggering clashes with police that left more than 100 people injured. THE ASSOCIATED PRESS

**Symbolic**

**The march advanced for several hundred metres through empty streets where shops were closed and public transport was stopped. Still, it was important symbolically as a rare public event.**

MetroTube

## Doggone dogs, y'know?

ANDREW FIFIELD
andrew.fifield@metronews.ca

**There's no shortage of videos featuring dogs doing some damned fool thing, but every now and again, a dog pulls a bonehead bout of baffled behaviour that leaves even the people who know it best dumbstruck by what they've just seen. This is one of those videos. (Daniel Wirtz/YouTube)**

ISTOCK

Comments

**RE: Redbox Resurrects DVD Rentals to Canadians, published online Sept. 27, 2014**

I can't even begin to make fun of this in a way that would place it into a properly ridiculed context. Instead, consider that this costs Redbox nothing and the poor franchisees that fall for the con, thou$ands.

**Jeff200**
**posted to metronews.ca**

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metro AR

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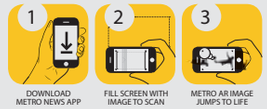


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Soundtrack

## Former child soldier, actor to release album

The Good Lie star Emmanuel Jal is set to launch his fifth studio album The Key on Oct. 9th at Toronto's Tattoo Queen West.

Jal will be world premiering songs from his new 13-track album — which includes collaborations with Nelly Furtado.

Recorded in Kenya, Uganda, London, New York, Connecticut and Toronto, The Key seamlessly blends traditional African music with contemporary urban, hip hop and global pop music rhythms, while incorporating EDM, reggae/dub, soul and Afro beat elements.

Two songs from The Key (Scars and We Fall) are featured on The Good Lie soundtrack, a film that Jal co-stars in alongside Reese Witherspoon, and that premiered at TIFF (Toronto International Film Fest) in early September.

Jal has collaborated with and performed alongside numerous big acts including Peter Gabriel, Alicia Keys and Joss Stone, and had the honour of performing at the late Nelson Mandela's 90th birthday celebration in London. He has been featured on CNN, Time, USA Today, MTV, BBC, New York Times, Rolling Stone, NPR, Huffington Post, CBC (Strombo's The Hour, Q with Jian Ghomeshi), CTV's Canada AM and most recently appeared on the season premiere of The Queen Latifah Show on Sept. 15, where he got the Queen herself to dance to his buzzy Afro beat song Dusu, which appears on The Key.

METRO NEWS

# Story of lost boys of Sudan a wrenching tale of humanity

**The Good Lie.** Actors have a special tie to true tale of child soldiers who escaped to settle in Kansas City — it was their own

AUSTEN GILLILAND
scene@metronews.ca

metro AR Reese Witherspoon and former child soldier and now actor Ger Duany bring to life the story of three child soldiers from Sudan in The Good Lie. Scan this photo with your Metro News app to see the trailer. CONTRIBUTED

A seemingly endless line of children trails across the horizon. Orphaned by civil war, they're walking — they hope — to safety. But they have hundreds of miles to go, and no guarantees of what they'll find along the way.

It's a scene from new movie The Good Lie, but it's far from fiction.

"I feel like it's my story being told on the big screen," said actor Emmanuel Jal.

"Emmanuel and I carried AK-47s just to live, before we even knew how to read and write," said actor Ger Duany.

Jal was born into the life of a child soldier; Duany was forcefully recruited. Eventually, they both joined the thousands of orphans who fled the brutal civil war that broke out in Sudan in 1983. Walking for months in search of sanctuary, those children became known as the "lost boys."

Those who survived the journey ended up in refugee camps in neighbouring Kenya and Ethiopia. About 3,600 of them were eventually relocated to the United States.

Jal and Duany, along with fellow Sudanese actors Arnold Oceng and Kuoth Wiel, bring the story of the lost boys (and girls) to life in The Good Lie. The movie traces the journey of four young Sudanese refugees as they flee the war, living first in a refugee camp and then ending up in truly unfamiliar territory: Kansas City, Mo.

Although life in the refugee camps was an improvement over life on the run, it still wasn't easy. "There was no electricity, no running water," said Duany. And the lucky few who made it to America faced a new set of challenges.

"Everything was new when we came here," said Duany.

Everything — from drinking straws, to light switches to toilets — was a mystery. The moments of discovery provide a bit of lighthearted relief in the movie, as the refugees gradually find their feet with the help of a no-nonsense employment counsellor played by Reese Witherspoon. Although Jer and Duany believe the story of the lost boys is an important one to tell, revisiting the past wasn't easy. Duany had hoped for years to act in a film depicting the struggles of Sudan's lost boys, but when the chance finally came, "I read the script and I collapsed. I threw it away, and I went to the bathroom to cry," he said. "I never thought this story would be told."

But it's worth it, he says. "This was horrible, it happened a long time ago, but we want to tell this story now," he said. "Because there is another story coming."

Jal agrees. "This film is not just about the lost boys," he said. "This is about humanity."

As well as raising awareness about the plight of Sudanese refugees, the actors hope the film will help raise funds to support the humanitarian and educational needs of the lost boys. Find out more about the Good Lie Fund at thegoodliefund.org.

The Good Lie opens in Toronto on Oct. 3, and across Canada on Oct. 24.

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From left, Dave Heuff, Harley Morenstein, Ameer Atari and Josh Elkin star in new FYI series Epic Meal Empire, based on their popular YouTube series Epic Meal Time. SHAW MEDIA

# What's sauce for the boss is epic eating

**Epic Meal Empire.** YouTube stars serve up gut-busting fare on new TV series

The four guys behind Epic Meal Empire have devoured cheeseburger-stuffed lasagna, pizza cupcakes and Tex-Mex sushi. So what's the grossest thing they've ever eaten?

"Dried apricots and dried papayas," says founder Harley Morenstein with disgust.

The Montreal-based kitchen crew genuinely loves calorie-laden comfort food. And after racking up 600 million YouTube views for their Epic Meal Time videos, they're bringing their passion for gut-busting concoctions to the small screen.

In Epic Meal Empire, airing Mondays on FYI, the gang moves to Los Angeles and cooks up artery-clogging fare for "extreme-food clients" — i.e. anyone with an excuse to consume meals that should probably only be eaten once in a lifetime.

The crew, led by "Sauce Boss" Morenstein and his friends Josh Elkin, Ameer Atari and Dave Heuff, sees moving from YouTube to TV as a natural progression.

"I don't mind saying that I like Epic Meal Empire better than Epic Meal Time," declared Morenstein, 29, in an interview.

Back in 2010, he was a substitute high school teacher in his hometown of Montreal when he began experimenting in video production. Epic Meal Time was born when he and his friends created an elaborate "cheat meal" — ironically, amid efforts to promote health and fitness.

"After the first episode, I substituted the following week. The show had gotten a lot of traction," he recalled. "The kids were like, 'Oh sir, I saw you drinking on the Internet!' ... I kind of lost the children that day."

Two weeks later, the number of online views were so staggering that Morenstein quit his teaching job. After hundreds of episodes, two cookbooks and six million YouTube subscribers, the crew turned their attention to TV.

Morenstein said several networks were interested, but in the end they chose "contemporary lifestyle" channel FYI, a recent rebrand of Shaw Media's Twist and A&E's Biography.

"They let us do what we want, which is the best part of being on FYI," he said. "They were the ones that really put the trust in us. They picked up 16 episodes right off the bat. That was enough for us to want to commit to that network.

"Now, the show is exactly what we want. It's something we're proud of. It's hilarious. I think it's an awesome show."

In the first episode, a second-grade teacher invites the guys to make her students a "fantasy meal," a break from eating boring old healthy food. They build a "Taterbot," a giant robot made of Tater Tots, licorice and grilled cheese.

Other wild concoctions in the show: A Cinnabon battleship with a cream cheese frosting churro cannon, an eight-foot chicken (made of chicken tenders and 100 eggs) on roller skates and an edible car they also claim is "driveable."

A bigger budget allows the guys to be more imaginative with their meals, but network television has its drawbacks. The Jack Daniel's-guzzling foursome can't drink on camera, which they flout in the premiere by taking a shot off screen. THE CANADIAN PRESS

**In a class all his own**

**"After the first episode, I (subsitute taught) the following week. The show had gotten a lot of traction. The kids were like, 'Oh sir, I saw you drinking on the Internet!' ... I kind of lost the children that day."**

Epic Meal Empire "Sauce Boss" Harley Morenstein

# Novel Cronenberg-style — eat, prey, lust

**Consumed.** Body-horror director realizes childhood dream with release of his first book — a tale of mutilation and cannibalism

Director David Cronenberg has released his first novel, Consumed.
EVAN AGOSTINI/INVISION/THE ASSOCIATED PRESS

As a kid, body-horror master David Cronenberg thought he would become an author, not an auteur.

His father was a writer and Cronenberg says penning story and dialogue also came easily to him growing up in Toronto.

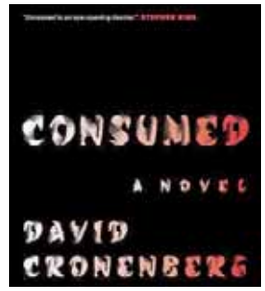
"If you had asked me when I was 16, I would have said, 'I'm sure I'll have published my first novel by the age of 21,'" the celebrated writer-director said in a recent telephone interview.

Fifty years after that target, that childhood dream has finally come to fruition with the publication of Cronenberg's debut novel, Consumed (Hamish Hamilton Canada, in stores Tuesday).

The story of two young journalists pursuing different but intersecting projects has all the hallmarks of a typical Cronenberg thriller — from body mutilation and cannibalism to science fiction and kinky erotica.

The crime mystery starts with Canadian journalist Naomi Seberg investigating a grisly case involving an illustrious pair of philosophers from Paris. Celestine Moreau and Aristide Arosteguy were seemingly happy in their unconventional marriage — until authorities announced she was found butchered and partially eaten in the couple's apartment, and he was a suspect.

As Naomi travels to Tokyo to find the missing Aristide, her boyfriend Nathan Math gets caught in a web of stories involving a Hungarian surgeon,




his breast-cancer patient and a Toronto doctor who was the founder of a sexually transmitted disease that Nathan contracts.

Cronenberg, 71, said he started writing the labyrinthine tale eight years ago. The Fly director originally intended it to be a screenplay but it wasn't working, so he decided to turn it into a novel on the advice of Nicole Winstanley, president and publisher of Penguin Canada.

He made four or five movies during the writing process — including the upcoming Maps to the Stars, out Oct. 31 — and "would literally have to take a year away from writing the novel or more" before returning to it.

"It was a very strangely sort of segmented kind of writing, very odd, and probably not the way most people do it, and I would love to know what it would feel like to sit down and write a novel and see how long it took — a year, two years, whatever, and maybe that's what I'll do next," he said.

Yes, that means he'd like to write another novel.

"I really enjoyed it a lot," said Cronenberg. "It's so completely different from any other kind of writing I've done — screenwriting, primarily, and it's very, of course, different from movie-making in general, and yet you are dealing with the imagining in your mind of the characters, of the place. You're kind of moving characters around a room as they talk, and that is sort of like directing."

Cronenberg said he got the inspiration for Celestine and Aristide from the likes of Jean-Paul Sartre and Simone de Beauvoir, noting: "The idea of a philosopher as a public figure is very traditional in France, where you wouldn't find it in America."

France is where Cronenberg is an Officer in the Order of Arts and Letters and is the homeland of his favourite filmmakers of the '50s and '60s, including Jean-Luc Godard and Francois Truffaut.

Cronenberg's passion for photography is also felt throughout the story, as Naomi and Nathan frequently discuss and ruminate on which cameras to use. Cameras are but one of many technological devices referenced in the book.

Overall, the story speaks to our obsession with our devices and technology.

"It's kind of a strange, deforming mirror, like a funhouse mirror, technology," said Cronenberg. "In the 1950s sci-fi world, technology was always inhuman and evil, it was like dehumanizing, and I never bought that because I thought technology comes from us.

"We are the only creatures who really create technology on this scale and it is absolutely a reflection of what we are, the good part and the bad part."

THE CANADIAN PRESS

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# With Clooney gone, who is top bachelor: Leo or Pauley?

George Clooney went and got himself hitched this weekend. So that means one thing: We need to hurry up and find Hollywood's Next Most Eligible Bachelor.

It's a tough act to follow, to be sure, but someone out there has to be at least nearly as adept at being rakish and charming, looking great in a tux and squiring a stream of enviable girlfriends while avoiding talk of marriage.

So, ladies, who is the new reigning king of single Hollywood? The smart money is on the ever-debonair Comedy Store heir Pauley Shore, who oozes confidence and sophistication. But our money is on Ryan Seacrest. Is that guy ever going to settle down?

The real answer is noted environmentalist, serious actor type and serial model defiler Leonardo DiCaprio — which is a bit awkward, since Clooney isn't such a fan of the Great Gatsby star.

George Clooney and his wife Amal Alamuddin LUCA BRUNO/THE ASSOCIATED PRESS


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# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

**Pop goes the week**

## *Lawrence finds Coldplay gigs are better than counting sheep*

STARGAZING
Malene Arpe
scene@metronews.ca

**Jennifer Lawrence keeps turning up at boyfriend Chris Martin's Coldplay concerts.** Lesson learned: If you find a cure for insomnia that works, you just stick to it.

**James Blunt got married this past week.** Whatever. Sure. OK.

**This week in celebrity activism:** 1. Emma Watson delivers a passionate speech on gender equality at the UN. 2. Leonardo DiCaprio, Mark Ruffalo, Sting, Edward Norton and Evangeline Lilly participate in climate change marches. 3. Joseph Gordon-Levitt launches a project, inviting people to tell him what feminism means to them. 4. Matt Damon speaks at the Clinton Initiative. 5. Kim Kardashian posts a picture of Kanye West ("#MyFineAssHusband") and campaigns for a guest spot on Downton Abbey.

**Jeremy Renner reveals he got married.** Too bad. He's kinda hot.

**Eleven months after their split, Kris Jenner and Bruce Jenner are getting divorced.** They've already split everything right down the middle: Kris gets the money and the houses and Bruce gets away.

**Tom Hardy secretly married Charlotte Riley more than two months ago.** Noooooooooooo.

# One Direction terrorist joke goes south for Daily Show

The folks at The Daily Show with Jon Stewart have learned not to kick the hornet's nest that is One Direction fandom. Fans lit up Twitter with the hashtag #thedailyshowgonetoofar after Jessica Williams mentioned the group in a joke.

"Just as you were talking, a new terrorist group formed with one member each from ISIS, al-Nusra, al-Qaeda, Hamas, One Direction, and the Zetas drug cartel," she reported during the show.

Fans immediately assumed the show's writers were poking fun at Muslim group member Zayn Malik.

Some of the more choice responses included: "Don't try joking with our boys, because we are Directioners and we are mafia," "I suggest you take 8,381 steps back before I actually kill you" and "It's not funny to make jokes about terrorism in the first place."

In response, the writers tweeted, "We didn't know the band members' names, religions, hobbies, etc. Just knew they were popular. But not this popular. #whoa"

# Pick a destination to keep your financial plan on track

**Where are you going?** Your financial planning journey starts with a goal

GAIL VAZ-OXLADE
Gail blogs daily at gailvazoxlade.com

Figuring out your financial goals before you set out will keep you headed in the right direction. ISTOCK

Imagine that your best friend has invited you to stay at her cottage. She tells you it's "up north." That's it, no more info. That's how most people treat the management of their money. The destination is vague and they have no idea which way to go. I want you to think of a financial plan as a GPS device for your financial life. But before you can head off, you at least need to know where you want to end up!

While you have to know where you're headed to lay down a trip plan, if you change your mind, or if something throws you off track, you don't just stop or wander around aimlessly. Just as with a GPS, you recalculate your route. You figure out what you want to do next and head off.

To have the life you want, you need to know where you're going. This isn't about casting your life plan in concrete. It's about having a sense of your destination and some good directions. You need to put an address in your GPS before you can get started. That address is your goal.

You can have loads of dreams and just as many goals, but you can't possibly do them all at once. Time to prioritize. When you make your goals, identify what the most important thing on your list is. Label it No. 1. That's the thing you'll put the majority of your effort towards.

You can work towards more than one goal at a time, but you need to prioritize. No, you can't buy a house, have a baby and go back to school all at the same time. What's your Goal No. 1? Where do the others fit into your plans? Label whatever else you're working on as No. 2, No. 3, and so on.

Those goals have to be very specific. Be clear about what you want. Want to buy a home? What kind of house? Semi, condo, or fully detached? In the city? In the country? For how much? For $175K, $350K, $1.2 million?

Since, as I have been heard to say about a bazillion times, "a goal without a deadline is a dream," you have to add some dates.

Do you want to buy that home in two, three or five years? Again, the timeline isn't cast in concrete, but having it means you're serious about your focus.

Some goals have a short-term timeline, like saving for your sister's wedding. Some goals are medium-term, like putting together the down payment on a home. Some are long-term, like saving for retirement.

Patience and tenacity will get you where you want to go. Baby steps or great big leaps, you'll move at a different pace on different goals depending on what else is going on in your life. What's important is to keep moving forward.

If you've got kids who are babies, don't ignore the educational savings plan. Putting just a little away each month puts momentum on your side. It doesn't have to be a ton to start. But you have to start. It's the same with balancing debt repayment and savings. You can't just focus on your arrival time when you're heading to your destination, you have to watch road conditions and monitor your speed.

You want to get your student debt paid off. Great. You've got $31,000 worth of debt, and you want it gone in 24 months. Really? The principal alone will cost you $1,292 a month from your cash flow? Is that realistic? There's no point in setting goals you can't achieve. It's better to be realistic about your destination and when you plan to get there.

Don't expect things to go smoothly the whole way. C'mon, you know life isn't like that! You've got to be prepared to adjust your plan.

Halfway to your destination, a roadblock can send you miles off course. Don't give up. Show some backbone. Recalculate your journey and get moving. If you're determined, you'll get there. There may be some bumps and jolts along the way, but you'll get there.

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**Chart your milestones**

**Your financial plan tells you how far you have to go. It reassures you that you're making progress.**

- When it comes to a goal, you have to find a way to visualize the progress you're making.
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# When work wages war on wellbeing

**Of life and labour.** A sociology professor delves into the links between work, stress and health

University of Toronto professor Scott Schieman is investigating what he calls 'work-life interface'.
BRIAN SUMMERS / TORSTAR NEWS SERVICE

"Why can't there be more hours in a day?"

It's a plea that rears up inside the brain, usually around 10 p.m., when the to-do list of emails, laundry, children's party invitations, the carpool schedule and a must-finish-by-tomorrow work deadline seems impossible to complete before sunrise.

It's also an entreaty that seems to have no clear answer, unless you're willing/able to forgo sleep indefinitely.

But next time you appeal to the heavens for a few extra hours, know that Scott Schieman is looking for a solution to this modern-day problem.

The University of Toronto sociology professor is investigating the links between work, stress and health using data from an ongoing national survey of some 6,000 Canadian workers. Launched in 2011, the study will conclude in 2019.

So far, Schieman, who is also conducting in-depth interviews with a group of study subjects on what he calls "work-life interface," has found that about one-third of workers report feeling overwhelmed by their jobs.

About one-third of workers also say they don't have enough time in which to complete their job tasks.

"The number one thing that undermines work-life balance, or work-life fit, is feeling rushed for time — that feeling like you have too much to do and not enough time to do it in," says Schieman, who also holds a Canada Research Chair in the social contexts of health.

Schieman hopes his research will help employers and employees find solutions to this ever-increasing societal problem.

He says research has shown that people who report high levels of job pressure are more likely to experience physical and mental health problems.

Until societal solutions emerge, Schieman says one way people can reduce the feeling of being overwhelmed by their job is to look closely at whether their workload is realistic.

"Step back and reflect on the structural reasons for your workload," he says. "Is someone at work putting too much pressure on you? Is the problem stemming from how you are organizing your work schedule? Just consciousness-raising about the amount of work and the time to do it in can help pinpoint solutions."

Schieman also recommends workers find social supports to help relieve job-related pressures.

"Having support from co-workers and managers — this is a huge factor," he says, noting that supervisors who empathize with employees over work-life balance foster loyalty and create a more-committed workforce.

"It really helps having a manager who understands the importance of work-life fit."

Since autumn brings with it that back-to-school, back-to-work mindset, Torstar News Service asked one busy professional to share her challenges, and solutions, to finding that elusive work-life balance.

TORSTAR NEWS SERVICE

## Sacrificing sleep for work

**Name: Alison Kramer**

Alison Kramer

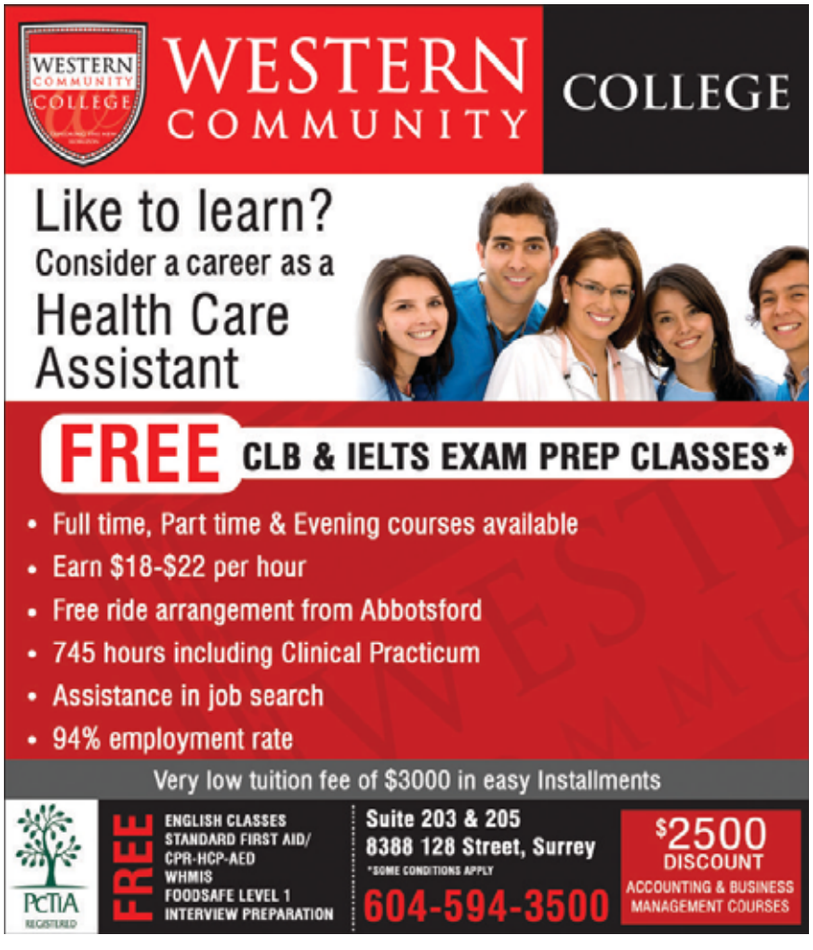
- Life, in brief: A writer, content creator, and former entrepreneur, Kramer lives in Oakville, Ont., with her life and business partner, Scott Stratten, president of Un-Marketing. Their house is home to four children (they're a blended family) ranging in age from eight to 13.
- Kramer, whose most recent project with Stratten is the book UnSelling: The new customer experience, says she works whatever hours are needed to meet a deadline.
- The hours that Kramer sleeps, however, rarely change. "I get five hours a night," she says. "Sleep is one of those things I've never gotten very much of. I believe in finding extra hours in the day. I believe they exist."

**Challenges: For Kramer, being a writer and content creator means that she can work anytime, anyplace to meet deadlines.**

- This kind of flexibility is one of the reasons she walked away from her small business two years ago. It also means Kramer has to work hard to prevent work from bleeding into family life.

**Solutions: Kramer aims to find balance each day.**

- "I can be home and writing and still leave for half an hour to pick up someone from school who is sick. I have a lot of flexibility and I think that's a privilege."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# My seat-mate cycles, then sits, then stinks

**Dear Metro,**

**There's a guy at my office who bikes to work in the morning then stinks all day. Our colleagues talk about his smell behind his back, which seems mean — other than the body odour, he's a great person. What's the best way to let him in on the issue without embarrassing him?**

**— No Mo' B.O.**

OFFICE SPACE
Eleni Deacon
life@metronews.ca

Dear NMBO,

Firstly, kudos for staying out of the gossip. Let your associates nurse their precious olfactory glands without you. While it can be unpleasant, B.O. doesn't have to be a big deal.

That said, your colleague smells and he deserves to know the truth, especially if it's affecting his reputation around the office. Under the appropriate circumstances, a private, one-on-one conversation is probably your best approach. If you're close with this co-worker—for example, if he's one of your top office buds — bring it up in a relaxed way next time you're grabbing coffee or lunch together. "Hey, you might want to double up on that deodorant after your morning commute," you could say, adding that a hefty bike ride will have even the daintiest of clean freaks smelling ripe.

In cases where face-to-face is too awkward — or just too plain smelly — you could also address it with a frank but polite email.

This spares him the discomfort of having to face you when he realizes it's him, not that science project in the back of the fridge, that's stinking up the office kitchen. Whatever words you choose, keep your note kind and casual. And you don't need to tell him his pits are the talk of the water cooler.

If you're not comfortable with a direct B.O.-vention, there are likely people at your workplace who are trained to have these types of conversations. Your HR department or managerial staff can address the issue from an administrative perspective, getting to the point without making it personal.

Keep in mind that body odour is caused by many factors, several of them health-related. If there's any chance your colleague's issues go beyond poor post-bike hygiene, leave the discussion to those responsible for sensitive workplace affairs. Otherwise, you might find yourself the subject of an HR complaint of your own.

And if all else fails, crack a window or subtly spritz some Febreze around.

**ELENI DEACON IS A TORONTO-BASED WRITER WHO HAS SEEN IT ALL AS AN EAGER EMPLOYEE OF BIG OFFICES, SMALL OFFICES, HOME OFFICES AND ONE ITALIAN RESTAURANT.**

If there's an odour overtaking the office, the stinky source will likely respond more readily to a soft hint rather than a pee-yew protest. ISTOCK

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# Fall for this light, seasonal dish

**Trout with Pears, Pistachio and Dried Apricot Salsa.** Before you dig into stews, try this healthy fish dinner

**ROSE REISMAN**
For more, visit rosereisman.com or follow her on twitter @rosereisman

Barbecue season has mostly come to an end and now it's back to the oven. Baking a delicious fish entrée is a great way to start off the fall with healthier eating habits.

Lake trout has a pink tone with a light and flaky texture. It has a mild flavour and is a lean fish that's filled with omega-3 fatty acids, which reduce heart disease, high blood pressure, high blood cholesterol and certain cancers.

It's also approved as a safe fish to eat in reference to contaminants.

## FLASH FOOD

From your fridge to your table in 30 minutes or less

The salsa topping brings out the flavour of the trout.

The combination of sweet pears, apricots and pistachios is perfect with this light-tasting fish.

You can also use ripe pears to replace the apples and substitute tilapia, basa, or pickerel for the trout.

### Directions

**1.** For the salsa, lightly coat a small, nonstick skillet with cooking spray and set over medium heat. Add the pear, brown sugar and cinnamon. Sauté for about 3 minutes or until the pear is softened and begins to caramelize. Place in a small mixing bowl.

**2.** Add the dried apricots, onion, red pepper, pistachio nuts, olive oil, lemon juice, maple syrup and garlic. Stir to combine and set aside.

**3.** Dust fish with flour. Coat nonstick skillet with cooking spray, add the oil and sauté fish 8 minutes or just until cooked, turning halfway through.

**4.** Place the fish on a serving platter, spoon the salsa over the fish and garnish with mint.

**Ingredients**

**Salsa**
- 1 large ripe pear, peeled, cored and diced
- 1 tbsp brown sugar
- 1/2 tsp cinnamon
- 2/3 cup finely chopped dried apricots
- 1/3 cup finely chopped red onion
- 1/3 cup finely chopped roasted red pepper
- 1/4 cup chopped toasted pistachio nuts
- 1 tbsp olive oil
- 1 tbsp lemon juice
- 1 tbsp maple syrup
- 1/2 tsp finely chopped garlic

**Fish**
- 1 1/2 lb lake or salmon trout
- 1/4 cup all-purpose flour
- 2 tsp vegetable oil
- 3 tbsp chopped fresh mint

**This recipe serves six.** ROSE REISMAN

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NHL

## Vey showing promise early on with Canucks

Of the deals Vancouver Canucks general manager Jim Benning made at June's NHL Draft, the trade to acquire Linden Vey from the L.A. Kings brought considerable interest.

Vey, who turned 23 in July, has only 18 games and five assists in the National Hockey League to his credit, but wasn't going to get a full-time look with the Kings.

By virtue of his age, he brings youth to a Vancouver team in need of it. He's also about to enter the prime years of his career.

It's promising that in the pre-season, he's put up four points in two exhibition games, and shown a display of speed and smarts.

Vey has also shown that he could perhaps be used as a right-shooting option on the power play.

His goal Friday against the Calgary Flames came with the man advantage. The Sedin twins, Daniel and Henrik, did their thing, setting up a point shot that led to a rebound for Vey, the opportunist, to rip home.

It's an early sign the potential is there for Vey and the Canucks.

CAM TUCKER/METRO

**Linden Vey** GETTY IMAGES FILE

# Lions await news on Harris' injury

**CFL.** Canadian running back joins a long list of team's wounded

CAM TUCKER
cam.tucker@metronews.ca

You could sense the exasperation at times in the tone of Mike Benevides. You could feel his need to speak with a sense of resolve, too.

Another game, another loss, the sixth of the season for the B.C. Lions, and another injury update. Seems like the routine these days.

This time, the Leos head coach provided what information he had on Canadian running back Andrew Harris, who left Saturday's loss to the Calgary Stampeders late in the fourth quarter after he was tackled and fell awkwardly to the ground.

The loss drops the Lions' record to 7-6. They're fourth in the West Division, four points back of third-place Edmonton.

Any extended loss of Harris, who entered Week 14 as the league leader in yards from scrimmage, could be the definitive devastating blow.

Benevides met with a small group of reporters Sunday, saying Harris was with the team doctor Bob McCormack and was going to undergo an MRI and X-ray.

A diagnosis and update on his condition could come as early as Sunday evening, or Monday, said Benevides, who doesn't anticipate Harris will be available for next Saturday's game between the Lions and Hamilton Tiger-Cats.

Bryan Burnham, who had done a nice job in his debut Sept. 19 filling in for injured receiver Courtney Taylor, done for the season with a foot injury, also left the game.

Benevides said Burnham was resting comfortably in a Calgary hospital, being evaluated for a spleen injury.

The injuries are mounting, and at a perplexing rate.

It's widely believed that in order to win a championship, a team needs many things to go in its favour. A certain amount of luck must be involved.

Injuries occur. But too many, especially to key players at key positions, and the already difficult journey may appear impossible.

"I'm not going to sugarcoat it, losing some of the guys we've lost is tough," Benevides said.

"But it's an opportunity. I look at it this way. The belief is there. The opportunity is there."

**Lions running back Andrew Harris is tackled by the Stampeders' Jamar Wall on Saturday in Calgary. Harris left the game in the fourth quarter with an injury.** DEREK LEUNG/GETTY IMAGES

**Quoted**

**"I'm not going to sugarcoat it, losing some of the guys we've lost is tough."**

**Lions head coach Mike Benevides** on the injuries the team has had to endure

# Morales shines in Caps' win

Pedro Morales has been many things for the Vancouver Whitecaps this season.

Lately, he's been fatigued, the length and travel of his first Major League Soccer season taking a toll on the talented Chilean midfielder and designated player.

But when the Whitecaps, starved for goals since the end of June, needed their new captain to come through, he did.

Morales missed a chance on a penalty kick in the first half, but atoned by scoring twice in the second half and the Vancouver side took a much-needed 2-1 victory over Real Salt Lake at BC Place Stadium on Saturday.

The three points gives Vancouver 40 on the season. The Whitecaps move back into the fifth and final playoff spot in the Western Conference.

The Portland Timbers, trailing the Whitecaps now by a single point, lost earlier in the day in their 30th game.

Both the Timbers and Whitecaps have four games remaining in their respective schedules.

"He makes a difference to us," said head coach Carl Robinson afterward.

"But the fight and the character they showed today — not just Pedro but every single player in my group today — I'm very pleased for them because it's been tough. It was an important win."

By no means are the Whitecaps out of the woods. They needed the win Saturday. Another loss could've been devastating.

"We had so many chances for a goal, but it is important … for a win, for three points," said Morales.

CAM TUCKER/METRO

**The Whitecaps' Pedro Morales celebrates one of his two goals against Real Salt Lake on Saturday at BC Place Stadium.** JONATHAN HAYWARD/THE CANADIAN PRESS

4 SPORTS

# Mariners win, but playoffs slip away

**Oakland gets wild card.** Felix Hernandez throws five shutout innings in 4-0 victory

The Seattle Mariners played the final game of the season in split screen.

Part of the attention was transfixed on the field and making sure the Mariners closed with a victory, in the hopes it had post-season meaning. The other was on the out-of-town scoreboard, hoping for the result they needed in Texas.

"This was a very hard game to manage. I had one eye on the scoreboard and one eye on what was happening on the field. That was kind of tough," Seattle manager Lloyd McClendon said.

The Mariners did their part with a 4-0 win over the Los Angeles Angels as Felix Hernandez put the final notch on what could be a Cy Young Award season by throwing five shutout innings to secure the American League ERA title.

Felix Hernandez THE ASSOCIATED PRESS

Seattle started the day needing a win over the AL West champion plus an Oakland loss at Texas to force a one-game playoff on Monday for the AL's second wild card. The A's completed a 4-0 victory to finish one game ahead of the Mariners.

The excitement and anticipation of possibly forcing a 163rd game was replaced by disappointment when the Oakland result went final.

Ultimately, the Mariners should be satisfied. Seattle's 87 wins in the first season of All-Star second baseman Robinson Cano were its most since 2007 and made September baseball relevant in the Pacific Northwest after a decade.

"To be able to play 162 games and every single one of them mean something, you can't ask for much more than that," Seattle's Dustin Ackley said.

The Oakland game was on in the Mariners video room but most players were getting updates from the scoreboard. Austin Jackson noticed at one point that Texas had runners on first and third and no outs. But he was left to wonder what happened as the Rangers score never changed from zero.

THE ASSOCIATED PRESS

## Paying re2pect to an icon

The Yankees' Derek Jeter played the final game of his career against the Red Sox on Sunday in Boston. Scan the image with the Metro News app to see how baseball bid farewell to the longtime Yankees captain. ELISE AMENDOLA/THE ASSOCIATED PRESS

metro AR

**NHL pre-season**

## Chicago's Darling shuts out Oilers

Scott Darling made 26 saves as the Chicago Blackhawks shut out the Edmonton Oilers 5-0 on Sunday in NHL pre-season action.

Garrett Ross and Teuvo Teravainen scored 54 seconds apart in the second period to give Chicago (2-2) a 3-0 lead. Bryan Bickell scored in the first period, while Andrew Shaw and Kris Versteeg rounded out the scoring for the Blackhawks in the third.

THE ASSOCIATED PRESS

## 100 yards. Romo leads Dallas' win over Saints

Tony Romo threw three touchdowns passes — two to Terrance Williams — and DeMarco Murray ran for a pair of scores in another 100-yard game and the Dallas Cowboys beat the New Orleans Saints 38-17 on Sunday night.

The Cowboys kept Drew Brees and the Saints scoreless in the first half after giving up an NFL-record 40 first downs in a 49-17 blowout loss in New Orleans last year.

Brees led two scoring drives early in the fourth quarter to cut a 31-3 deficit in half before the Cowboys regained control.

Dallas reached 3-1 for the first time under coach Jason Garrett after also starting 2-1 the three previous seasons. The Cowboys are tied with Philadelphia for the NFC East lead.

The Saints (1-3) couldn't sustain the momentum from their win against Minnesota and lost to the Cowboys in Texas for the first time since 1991.

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## AUGMENTED REALITY

**Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.**

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→ See the full instructions on Metro's Voices page.

## Horoscopes by Sally Brompton

### ♈ Aries
**March 21 - April 20**
Tough decisions will need to be made this week. Don't let others know what you're planning. It'll be easier to make changes if you don't have to explain yourself.

### ♉ Taurus
**April 21 - May 21**
If a friend or co-worker tries to turn each chat you have into a conversation about them, you must let them know it's getting a little bit boring.

### ♊ Gemini
**May 22 - June 21**
A completely unexpected event will throw you off your stride today but that's OK. You will still be heading in roughly the right direction and if you get there a bit later, it's no big deal.

### ♋ Cancer
**June 22 - July 23**
You seem impatient to get rid of something that has been central in your life for years. It may appear to have outlived its usefulness but the planets indicate there is something important it can still do for you.

### ♌ Leo
**July 24 - Aug. 23**
Let fate take its course over the next two or three days and don't try to force an issue that will most likely resolve itself.

### ♍ Virgo
**Aug. 24 - Sept. 23**
Make the effort to visit people and places you have not seen in a while. The more you are on the move today the more likely it is you will make contacts who could be useful.

### ♎ Libra
**Sept. 24 - Oct. 23**
There has been a great deal of tension in your life of late but with Venus, your ruler, moving into your sign today, expect things to be more relaxed.

### ♏ Scorpio
**Oct. 24 - Nov. 22**
What would you change in your life if you knew you had the power to make it happen? Whatever it is, start thinking and feeling as if it will do whatever you tell it to do.

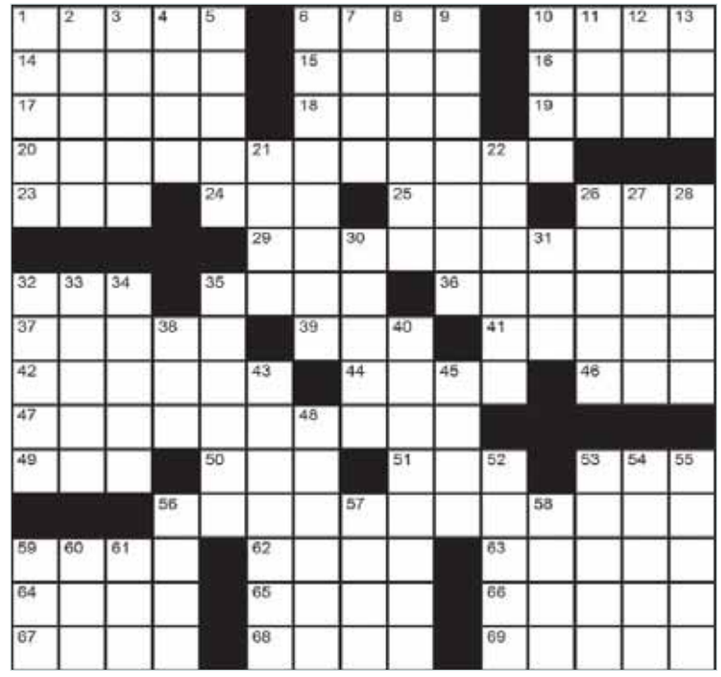
### ♐ Sagittarius
**Nov. 23 - Dec. 21**
Are you motivated by hope or by fear? As a larger-than-life Sag it's more likely to be the former but there are still times when worry gets on top of you. Count and celeberate your blessings.

### ♑ Capricorn
**Dec. 22 - Jan. 20**
Exciting things are happening in your life and most likely you will be making serious gains between now and the end of the week. Career opportunities will come knocking. Open up!

### ♒ Aquarius
**Jan. 21 - Feb. 19**
Things might be calm on the surface but your instincts tell you that behind the scenes major changes are taking place. It is all part of the bigger plan to make your life more fulfilling.

### ♓ Pisces
**Feb. 20 - March 20**
Cosmic activity in the wealth area of your chart warns you to keep an eye on your finances. Help people only if you can.

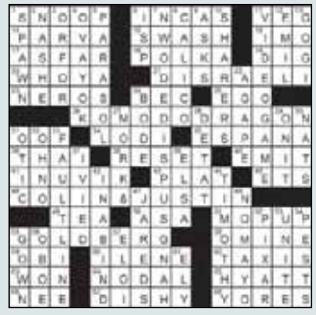
## Crossword: Canada Across and Down by Kelly Ann Buchanan



**Across**
1. Showbiz sketches
6. By-the-phone items
10. Campus house, e.g.
14. It's stored in the Aron Kodesh
15. Actor Michael
16. Hurt human's holler!
17. Aroma
18. NYC artsy attraction
19. To, archaically
20. Wyatt Earp advertisement: 2 wds.
23. Sun's spot
24. Supermodel, Alek __
25. HTTP's home
26. Alphabetic trio
29. Hit for Canadian songstress Amanda Marshall
32. Dept. head
35. French film
36. Like sponges
37. "There __ __ words." (I'm speechless)
39. Stevie Wonder's "__ Duke"
41. Explorer's course
42. The Barber of Seville role
44. Ms. DioGuardi
46. Allow
47. Veiled hauntress of #56-Across: 2 wds.
49. Antiquity
50. Tony-winner Ms. Allen
51. Q. "__ '_' the Alphabet's second letter?" A. "Indeed."
53. Mideast fed.
56. Rockies retreat where #47-Across is said to roam, The Fairmont ___ ___ Hotel
59. Washstand container
62. "Buenos __!"
63. Whitney Houston's "__ __ Once"
64. Ms. Sorvino
65. "It just bothers me __ __ many levels."
66. "How Do _ __" by LeAnn Rimes
67. Impediment
68. Aquarium fish, __ Tetra
69. Dissuade

**Down**
1. Packs away
2. Imaging company
3. Tale's twist
4. Stretched tight
5. The Taming of the __
6. Autumn sights
7. 'Buck' add-on
8. Appetizing sampling of Chinese cuisine: 2 wds.
9. Cruise on the Caribbean: 2 wds.
10. "__ Weddings Canada"
11. Nylons problem
12. Perform
13. Even if, briefly
21. Ms. Mazar
22. Alberta village, 'The Friendly Community'
26. Grave snatcher
27. Fashion: __ couture
28. Lotto winner's musing, "__ __ for life!"
30. Flow-of-energy therapy
31. Miracle-__ (Gardening product)
32. Cartoon mommy
33. Foo Fighters singer Dave
34. Lay grassy rolls again
35. Iran-__ Affair (1980s political scandal)
38. '_' __ for Nanaimo
40. Hotel chain; or, French explorer to Canada, Pierre-Esprit __ (b.1636 - d.1710)
43. Desert
45. Aretha Franklin's signature song part: "_-_-_-_-E-C-T / Find out what it means to me."
48. Polish
52. Twisty-turned tress
53. Without illumination
54. Succulent plant
55. Compound in perfume
56. Boast
57. Burkina __ (Nation in West Africa)
58. Latin pronoun
59. 911-respondents, e.g.
60. Succeed
61. '72 feminist cause

## Friday's Crossword



## Online

See today's answers at metronews.ca/answers

## Sudoku

**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | | 2 | | 7 | | 1 | 4 | |
| | 7 | 6 | | | | | | |
| | | | 8 | | | | | 2 |
| 7 | | 8 | 2 | | | | | |
| 4 | | | 1 | | 3 | | | 7 |
| | | | | | 8 | 5 | | 9 |
| 5 | | | | | 1 | | | |
| | | | | | | 6 | 5 | |
| | 3 | 1 | | 5 | | 2 | | 4 |

## Friday's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | 4 | 8 | 7 | 1 | 2 | 6 | 9 | 3 |
| 1 | 3 | 2 | 9 | 8 | 6 | 4 | 7 | 5 |
| 7 | 9 | 6 | 5 | 4 | 3 | 2 | 1 | 8 |
| 3 | 6 | 5 | 1 | 2 | 4 | 9 | 8 | 7 |
| 2 | 8 | 9 | 3 | 7 | 5 | 1 | 4 | 6 |
| 4 | 7 | 1 | 8 | 6 | 9 | 3 | 5 | 2 |
| 9 | 1 | 3 | 6 | 5 | 7 | 8 | 2 | 4 |
| 8 | 2 | 7 | 4 | 3 | 1 | 5 | 6 | 9 |
| 6 | 5 | 4 | 2 | 9 | 8 | 7 | 3 | 1 |

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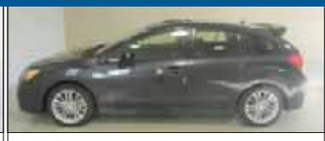

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$149.00 BI-WEEKLY @ 96 MONTHS — SALE PRICE $25,888

Terms based on at 5.99% OAC, with $3,000 down payment over 96 month term, tax no included, $495 documentation, $595 finance fees, $125 air and tire tax. DL #31150.

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